

Dr. Amy

AMY LAWSON MOORE, PHD



EXPERT ON THE FOLLOWING TOPICS:

- ADHD
- Brain training and ADHD
- Brain training and learning struggles
- Brain training and TBI/concussions
- Brain training and cognitive decline
- Learning disabilities
- Parenting
- Cognitive assessment
- Early childhood education
- Teaching strategies
- Learning environments
- Guidance and discipline
- Cognition and learning
- Child/adolescent mental health

Dr. Amy is a cognitive psychologist at LearningRx in Colorado Springs, CO at the headquarters of the largest network of brain training centers in the world. She specializes in cognitive rehabilitation training and cognition assessment for neurodevelopmental disorders, brain injury, learning disabilities, and age-related cognitive decline.

She also serves as VP of Research at Gibson Institute of Cognitive Research. Her brain training research has been published in peer-reviewed medical and psychology journals and presented at conferences around the country.

Dr. Amy is a former child development specialist, education administrator, and teacher of teachers with a PhD in psychology and a master's degree in early childhood education. She has been working with struggling learners for 25+ years in public, private, and federal education organizations. She is also Editor-in-Chief of Modern Brain Journal, a board-certified Christian counselor and mental health coach, and co-host of the podcast *Brainy Moms: Bright Ideas, Smart Moms, Thriving Kids*.

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POSSIBLE TALK TITLES

- The Promise of Brain Training for Struggling Learners (or ADHD or TBI)
- Parenting Through a Lens of Connectedness
- Secrets of Success from an ADHD Warrior
- Tutoring Versus Brain Training
- The Myth of Learning Styles and What We Should Focus on Instead

SUGGESTED QUESTIONS TO ASK

- What is brain training and does it really work?
- What does your research show about brain training for children (or ADHD, or brain injury, or older adults)?
- What advice can you give to listeners on how to choose an effective brain training intervention?
- What does it mean to parent through a lens of connectedness?
- What are some tips for managing a family and career with adult ADHD?
- Why do adults with ADHD experience bigger emotions than neurotypical adults?
- What is the most effective parenting style?
- Why does tutoring not always help a struggling student?
- Why do some children have a harder time learning to read than others?
- In the absence of a disability, why do some children struggle more than others when it comes to school performance?